

## community impact

By Leann Landberg and Susan Barlow

# 100+ Women Who Care Donates \$10,000 to About Care

Everyone should have the opportunity to live independently with dignity, especially our senior population. While aging can make independent living difficult, sometimes basic support can help seniors maintain independence in their own homes. One Arizona nonprofit, About Care, seeks to provide this kind of support to homebound senior citizens and persons with disabilities in Chandler, Gilbert, Queen Creek, and San Tan Valley.

When seniors can maintain their sense of self in the environment they live in, there can be tremendous benefits. They maintain strength, balance, and a sense of purpose, which have been shown to aid with memory skills. About Care strives to help seniors achieve these benefits by utilizing a volunteer crew to assist them with minor home repairs, shopping and errands, transportation, and reassurance calls and visits at no cost.

Since 2001, About Care volunteers have completed 1,410,802 assignments, driven 3,570,797 miles, and donated 2,920,891 hours to help our community. With the onset of the COVID pandemic, seniors required more help than ever. The organization developed creative methods to continue to connect with the community in a safe way. During the pandemic, About Care served 469 individuals. Of those, 84% were women and 92% of those served had a disability.

In November, 100+ Women Who Care Valley of the Sun presented About Care with a donation of \$5,200 on behalf of their East Valley members. Ann Marie McArthur shared: "About Care is so very grateful for the support of 100+ Women Who Care for continuing to help our community. This funding will help us continue our mission and support our neighbors, especially during these difficult times. About Care is a nonprofit that survives by donations such as this."

100+ Women Who Care Valley of the Sun is a group of like-minded, passionate women who want to connect to one another and to their communities. The ladies are leveraging their resources so their small quarterly gifts of \$100 per member add up to a significant donation to a local charity.

Since the chapter's inception in 2015, approximately \$800,000 has been given to local charities. This group of women has learned that giving back is better together. To learn more about 100+ Women Who Care Valley of the Sun or to register for their upcoming giving circle on January 27, visit [100wwcvalleyofthesun.org](http://100wwcvalleyofthesun.org).



Colleen Toshner, About Care; Crissy Haidos, 100+ Women Who Care; Steven Harvey, About Care

To learn more about About Care, visit [aboutcare.org](http://aboutcare.org). About Care is a qualifying charitable organization for the Arizona tax credit.

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