

# Inspiring Hope Across Arizona



Crisis Response Network – Left to right: Zaida Zavitz, Mike Shore, Chris Mulvaney, Jenna Shear (100+ WWC Member), Susan Barlow, and Trena Farrell (100+ WWC East Valley Leaders), Michael Horn, James McDougall, and Justin Chase (CEO).  
Photo by Leann Landberg

One in four girls and one in six boys will be sexually abused before the age of 18. Mental health, described by Crisis Response Network, is an “equal-opportunity destroyer,” impacting 18.5% of the population in a given year, with suicide rates increasing by nearly 25% in the last two decades.



Winged Hope – Left to right: Sam Friedberg, Telma Ganuza-Friedberg (100+ WWC Member), Jessica Nicely (CEO/Founder of Winged Hope), Susan Barlow, Leann Landberg and Trena Farrell (100+ WWC East Valley Leaders).  
Photo by Kim Tarnopolski

The East Valley is fortunate to have two organizations committed to supporting individuals and families in crisis. Winged Hope is a local nonprofit whose primary programs focus on preventing and healing family violence. Crisis Response Network, Inc., is a charity dedicated to helping individuals by inspiring hope and empowering transformation from HOPE to HEALTH through a continuum of crisis services. Both organizations not only help the victims, they also provide assistance and therapy to impacted family members.

Combined, these nonprofits were the recipients of donations totaling \$11,300 from 100+ Women Who Care Valley of the Sun.

Donations from 100+ Women Who Care will help Winged Hope expand their advocacy centers, which provide a comforting space to help minimize distractions as victims disclose their tragedies. Crisis Response Network plans to utilize the donation to retrofit an emergency response vehicle to provide private areas for one-on-one counseling services, a phone area to contact family members, and a hub for other community services to utilize during crisis events.

For those in crisis, there is hope! There are people to turn to and places to go to begin the healing process. These resources are available for those in need in our community. To learn more about these organizations, volunteer opportunities, and how they can help you or a loved one, visit [www.wingedhope.org](http://www.wingedhope.org) and [www.crisisnetwork.org](http://www.crisisnetwork.org).

100+ Women Who Care Valley of the Sun is a group of like-minded, passionate women who want to connect to one another and to their communities. The ladies are leveraging their resources, so their quarterly gifts of \$100 per member add up to a significant donation to a local charity.

Since the chapter's inception in 2015, 100+ Women Who Care Valley of the Sun has donated over \$400,000 to local nonprofits. The chapter is comprised of three sister groups located in the East Valley, Ahwatukee, and Scottsdale. The next giving circle in the East Valley is on August 29 at JC's Steakhouse, 25 E Ray Rd, Gilbert, AZ. To learn more or register as a guest for an upcoming giving circle, visit [www.100wvcvalleyofthesun.org](http://www.100wvcvalleyofthesun.org).



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