



community impact

By Leann Landberg | Submitted photos

Connecting the Elderly to a Helping Hand



Imagine your aging parent, homebound and living in a different state. You worry about how they will get to the grocery store or to their doctor's appointments. If only you knew someone who could lend a helping hand.

Beth Summers, Anne Marie McArthur, Rosemary Morton, Leann Landberg, Susan Barlow, and Trena Farrell.

If your loved one lives in Chandler, Gilbert, or Queen Creek, you are in luck. About Care is a local non-profit whose mission is to deliver caring and compassionate support services for the elderly and physically-challenged residents of these cities.

In November, About Care received a generous gift from the members of 100+ Women Who Care Valley of the Sun. The chapter's East Valley group donated \$5,950 to enable the organization to recruit additional volunteers and serve more members.

About Care helps seniors and disabled individuals meet their basic needs, reduce isolation, and maintain or restore health. All services are free of charge to the members and are provided seven days a week. Members can submit a service request to About Care, and a volunteer will be assigned to assist them. Along with transportation needs, members may request minor home repairs, such as changing a light bulb or replacing air filters throughout their home.

In addition to fulfilling service requests from the members, proactive, weekly reassurance calls are made to check on the members' welfare, as well as friendly visits to provide company and social interaction. As you can imagine, a special bond is created between the members and volunteers. It is likely the same volunteer will be assigned to take care of the member's requests.

Whether you have an elderly family member in need, or you have a heart for helping our seniors thrive, About Care is a wonderful, local resource serving a need in our community.

100+ Women Who Care Valley of the Sun is a group of like-minded, passionate women who want to connect to one another and to their communities. The ladies are leveraging their resources, so their small quarterly gifts of \$100 per member add up to a significant donation to a local charity.

Since the chapter's inception in 2015, 100+ Women Who Care Valley of the Sun has donated over \$350,000 to local nonprofits. The next giving circle in the East Valley is on April 18. Guests are welcome to attend.



To learn more about these organizations, visit www.100wvcvalleyofthesun.org or www.aboutcare.org.



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